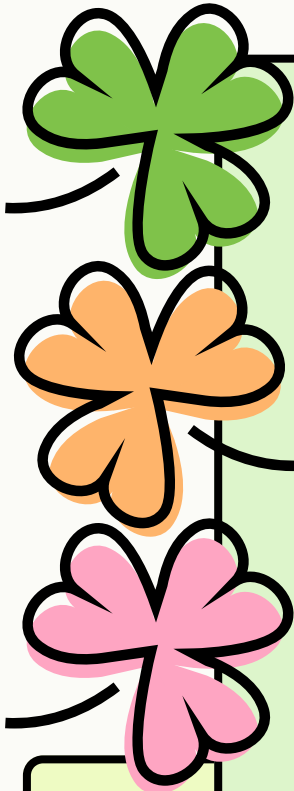
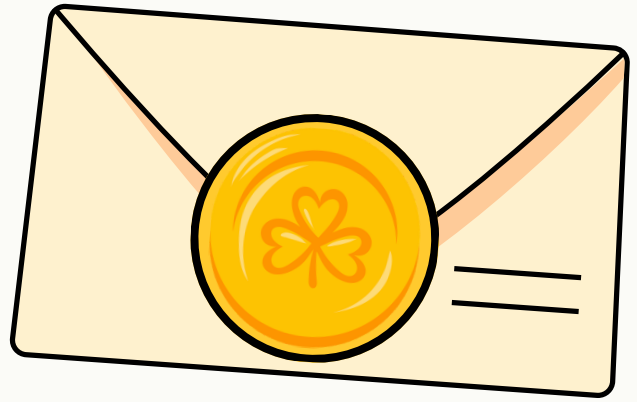


SDS newsletter

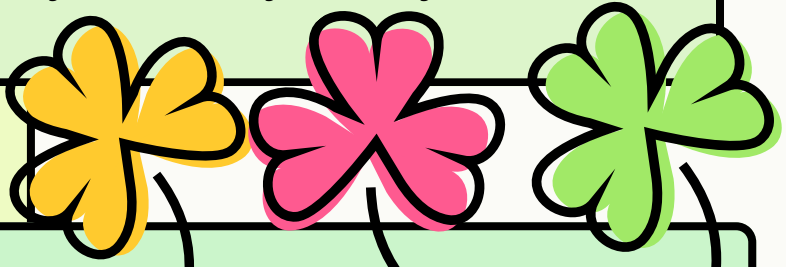
MARCH 2026



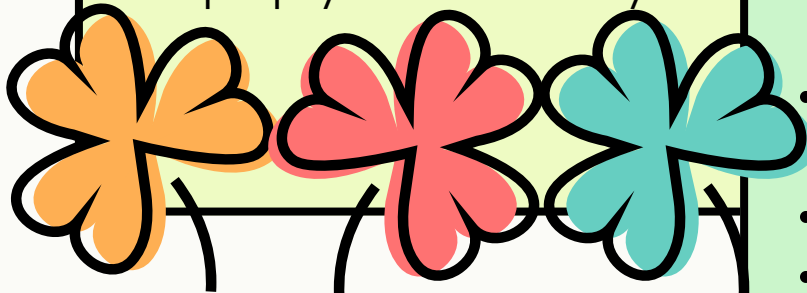
Lots of things have been happening at SDS this last month. The first being changes in department management; Lucia Gonzales is now the day program manager with Lupe Mungaray as her assistant, Megan Kirmer has accepted the SLS manager position, and Christin Reece is now the Residential Manager alongside Krissey Martinez as her assistant manager. The next big thing we had going on this last month was our annual Sweetheart Dance Fundraiser. This year was our best year yet for this event and we look forward to hosting again for years to come. We had over 90 people show up in support of this event making it a night filled with dancing, prizes, and love. The money raised from this event goes back to our individuals allowing us to go on outings and other trips throughout the year. Thank you everyone who came out to support this event

Reminders

March is IDD Awareness Month, Brain Injury Awareness Month, and Multiple Sclerosis Awareness Month! Throughout the month we also have World Down Syndrome Day, and Epilepsy Awareness Day.



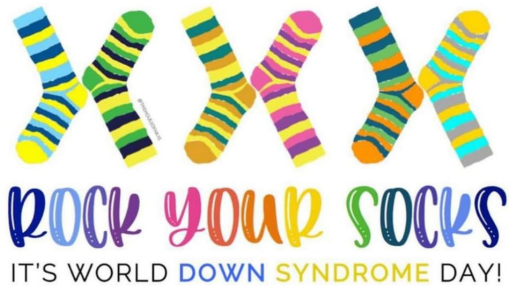
- Mar. 2nd: Consumer Breakfast
- Mar. 5th: Dr. Seuss Movie & Popcorn Day/Dr. Seuss Hat day
- Mar. 8th: International Women's Day
- Mar. 17th: St. Patrick's Day/Consumer Lunch
- Mar. 19th: Rock your Socks for Down Syndrome Day
- Mar. 20th: First Day of Spring
- Mar. 21st: World Down Syndrome Day
- Mar. 26th: Purple Day for Epilepsy Awareness
- April 16th: SDS Open House



March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Consumer Breakfast 	3	4	5 Dr.Seuss Movie Day/Hat Day 	6	7
8 International Women's Day 	9	10	11	12	13	14
15	16	17 St.Patrick's Day/Consume r Lunch 	18	18	20 HELLO SPRING 	21 World Down Syndrome Day 
22	23	24	25	26 Purple Day for Epilepsy 	27	28
29	30	31				

SDS Events



SDS will be celebrating on
March 18th.

Please wear your fun crazy
socks and Rock your socks for
World Down Syndrome Day!



Purple Day!

INCREASING AWARENESS
ABOUT EPILEPSY

Join us MARCH 26 and wear
PURPLE to promote
EPILEPSY AWARENESS
worldwide!



purpleday.org



OPEN HOUSE

APRIL 16TH, 2026



MEET OUR STAFF, TOUR OUR FACILITY, ENJOY SOME
FOOD, AND LEARN ALL ABOUT WHAT WE DO!

CONTACT :

PHONE: 719-336-3244

EMAIL: INFO@SDSCCB.COM



Community Events

Annual Tri-State
9-11 Tribute
Memorial Site

BANQUET & FUND RAISER

Please come support our mission to honor all
First Responders and Military - Past and Present

ON
Saturday, March 14, 2026
at 6:00 P.M. AT THE

TAVERN 1301 N. Main,
13001 Lamar, Colorado
handcrafted food & cocktails

Brisket Meal \$20.00/plate.
All proceeds go toward maintenance of the 9/11 Memorial Site in Lamar, CO

SILENT & LIVE AUCTION ITEMS

Purchase Tickets at the Door on the Evening of the Event

2026 FREE TRANSFER STATION & LANDFILL WEEKEND

JANUARY 24 - 25	JULY 25 - 26
FEBRUARY 21 - 22	AUGUST 29 - 30
MARCH 28 - 29	SEPTEMBER 26 - 27
APRIL 25 - 26	OCTOBER 24 - 25
MAY 30 - 31	NOVEMBER 21 - 22
JUNE 27 - 28	DECEMBER 19 - 20



Zonta International Women's rose day is getting close. Roses are \$6.00 each which includes delivery. Order deadline is march 2. We always run out so get your order in early. You can order from any zonta members or bring your orders to the flower boutique. We must have addresses and phone numbers. Payment is cash or check. No credit cards

It's a Karaoke Party!
Third FRIDAY of Every Month!
2:00 pm

Where:
Lamar Public Library's
Cultural Events Center

KARAOKE

**Friends of the Library
Monthly Book Sale!**
First Friday and Saturday of the month!
9am-1pm

The Sale is held in the Lamar Public Library's GARAGE
(the garage is located on the east side of the library)

Cathay Williams in her Civil War Years?
She was a cook and laundress for Phil
Sheraton and his officers during his
famous Shenandoah Valley campaign.
Library of Congress Digital Collection.



**One Woman's
Extraordinary Life Along
the Santa Fe Trail:
Cathay Williams,
Buffalo Soldier**

**Saturday,
March 7
2:00 pm**

Lamar Public Library's
Cultural Events Center
102 E. Parmenter
Lamar, CO 81052
719-336-4632

Lamar Public Library
presents



History Presentation by
**Rebecca
Atkinson**

**Save the
DATE**

**Wild About You
Daddy Daughter Dance**
Saturday, April 25, 2026
5:30-8:00 PM
Lamar Community Building
Tickets available
March 25
All proceeds benefit
Lamar Hospice Good Grief Program